

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

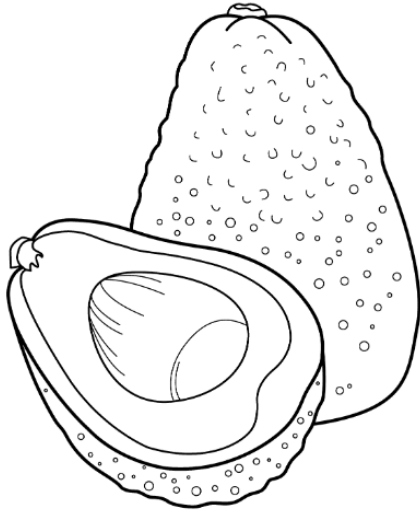
AGE: 7+ YEARS & OLDER

# GO FOR GOOD FAT

Ms. Rose needs your help can you identify between the fats in these Foods? Red is Whoa, Yellow is Slow and Green is GO!

Color your page then match with pieces!

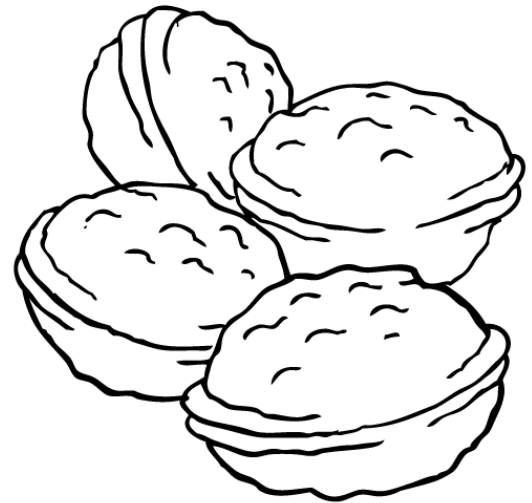
Avocado



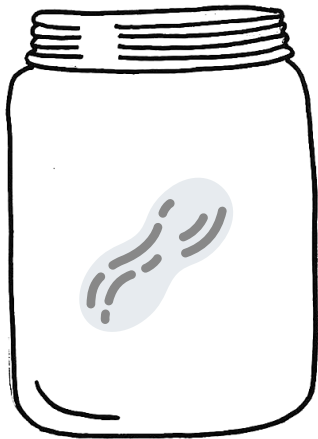
Bacon



Walnut

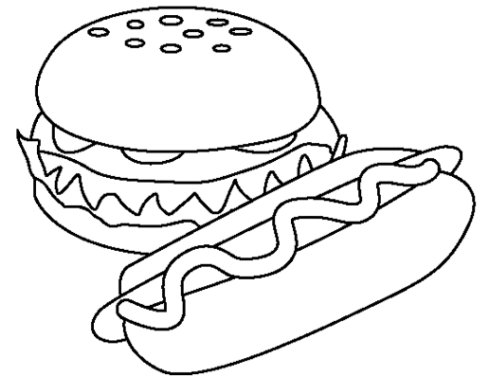


Peanut Butter



Salmon

Fast-Food



## KiddieHab

"MEET ME WHERE I AM"

